



COLORADO INTENSIVE 2023 SCHEDULE

Eaglecrest High School
5100 S. Picadilly St. Aurora, CO 80015

DAY 1

8:15 AM Intro of Pro Action and Staff

8:30 AM Warm Up

8:30 AM Directors Meeting

9:00 AM **Routine A**

Jayd'n	Grrrrls - Lizzo	Jazz Funk
Jonni	Titi Mi Pregunto - Bad Bunny	Stylized Jazz
Allie & Peyton	Players - Coi Leray	Hip Hop

10:30 AM **Routine B**

Jayd'n	Tilt Ya Head Back - Nelly ft Christina	Jazz Funk/Hip Hop
Jonni	Alien Superstar - Beyonce	Stylized Jazz

12:00 PM Lunch

1:00 PM Master Class

2:30 PM Routine A Review

3:30 PM Routine B Review

4:30 PM End of Day

DAY 2

8:00 AM Warm Up

8:30 AM **Routine C**

Jayd'n	Reverse - G Easy	Hip Hop
Jonni	Move Ya Body - Nina Skye	Pom
Ashley	Please Don't Stop the Music - Rhianna	Jazz/Pom

11:00 AM Master Class review

12:00 PM Lunch

1:00 PM Routine A Review

1:30 PM Routine B Review

2:00 PM Routine C Review

2:30 PM Break

3:00 PM **Pro Action Dance Showcase**

4:00 PM Wrap Up