



SO CAL INTENSIVE 2022 SCHEDULE
Santa Margarita Catholic High School
22062 Antonio Parkway, Rancho Santa Margarita, CA 92688

DAY 1

- 8:15 AM Intro of Pro Action and Staff
- 8:30 AM Warm Up
- 8:30 AM Directors Meeting
- 9:00 AM **Routine A**
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|----------|--------------------------|----------------------------|
| Alexis | Sacrifice- The Weekend | Intermediate Jazz/Funk |
| Alicia | Industry Baby | Advanced hip hop |
| Jayd'n | Boyz- Nicki Minaj | Intermediate hip hop |
| Joey | Teriyaki Chicken-Rosalia | Intermediate Latin Hip Hop |
| Jonni | Like That- Doja Cat | All level jazz |
| Michelle | Ciara Mix | Advanced hip hop |
| Oscar | Call Me | All level pom |
- 10:30 AM **Routine B**
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|----------|--------------------------------|----------------------------|
| Alexis | First Class (EDM)- Jack Harlow | Advanced Jazzy/Pom |
| Alicia | Poke it Out Remix | Intermediate hip hop |
| Jayd'n | Bussin- Nicki Minaj | Advanced hip hop |
| Joey | Shake It- Kay Flock & Cardi | Advanced hip hop |
| Jonni | Therefore I am- Billie Eilish | Intermediate stylized jazz |
| Michelle | About Time - Lizzo | All level jazz funk |
| Oscar | Have Mercy/Wheelie Mashup | Intermediate hype |
- 12:00 PM Lunch
- 1:00 PM Master Class
- 2:30 PM Routine A Review
- 3:45 PM Routine B Review
- 5:00 PM End of Day

DAY 2

- 8:00 AM Warm Up
- 8:30 AM **Routine C**
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|----------|--------------------------------|------------------------|
| Alexis | Fast Motion- Saweetie | All level hip hop |
| Alicia | Big Energy | Intermediate jazz funk |
| Jayd'n | Do it- Cherish | Intermediate jazz funk |
| Joey | Blick Blick- Nikki Minaj | Stylized hip hop |
| Jonni | Light it Up- Major Lazor remix | Advanced jazz |
| Michelle | We Set Trends -Jim Jones | Advanced hip hop |
| Oscar | Ziki Ziki | Intermediate latin pom |
- 11:00 AM Master Class review
- 12:00 PM Lunch
- 1:00 PM Routine A Review
- 1:30 PM Routine B Review
- 2:00 PM Routine C Review
- 2:30 PM Break
- 3:00 PM **Pro Action Dance Showcase**
- 5:00 PM Wrap Up