



## Oregon Intensive Schedule

Oregon City High School

19761 S Beavercreek Rd, Oregon City, OR 97045

### DAY 1

8:30 AM Intro of Pro Action and Staff

8:45 AM Warm Up

8:45 AM Directors Meeting

9:15 AM Routine A

Alicia Industry Baby - advanced hip hop

Oscar Call Me - all level pom

Quinton Let's Groove - intermediate jazz funk

Taylor Therefore I Am - advanced contemporary jazz

10:45 AM Routine B

Alicia Poke it Out - intermediate hip hop

Oscar Have Mercy/Wheelie Mashup - intermediate hype

Quinton Knock on Wood - advanced competition jazz

Taylor Family Ties - advanced hip hop

12:15 PM Lunch

1:30 PM Camp Dance

3:00 PM Routine A Review

4:00 PM Routine B Review

5:00 PM End of Day 1

### DAY 2

8:30 AM Warm Up

9:00 AM Routine C

Alicia Big Energy - intermediate jazz funk

Oscar Ziki Ziki - intermediate latin pom

Quinton Still Dre / You Can Do It - int/adv hip hop

Taylor Beggin - advanced jazz

11:30 AM Camp Dance Review

12:00 PM Lunch

1:00 PM Routine A Review

1:30 PM Routine B Review

2:00 PM Routine C Review

2:30 PM Break

3:00 PM Showcase

4:00 PM Wrap Up